

## Curriculum vitae

**Name:** Daria Smirnova

**Basic status:** MD, PhD (Psychiatry)  
Assistant Professor (Lecturer)  
Specialist in psychiatry, psychotherapy

**Employment:** Psychiatry, Narcology, Psychotherapy and  
Clinical Psychology Department,  
Samara State Medical University

**Citizenship:** Russian Federation

**Email:** daria.smirnova.phd@gmail.com

### University and postgraduate education

<b>2010</b>	Moscow Research Institute of Psychiatry, Moscow, Russia	Psychiatry	Candidate of Medical Sciences (Psychiatry)/ PhD scientific degree
<b>2006 – 2010</b>	Samara State Medical University, Samara, Russia Psychiatry, Narcology, Psychotherapy and Clinical Psychology Department	Psychiatry	Candidate of Medical Sciences (Psychiatry)
<b>2004 – 2007</b>	Institute of Integrative Family Therapy, Moscow, Russia	Psychotherapy	Specialist in Family and matrimonial psychotherapy, honors diploma
<b>2006</b>	Samara State Medical University, Samara, Russia Psychiatry, Narcology, Psychotherapy and Clinical Psychology Department	Psychotherapy	Specialist in Psychotherapy
<b>2004 – 2006</b>	- // -	Psychiatry	Specialist in Psychiatry
<b>1998 – 2004</b>	Samara State Medical University, Samara, Russia	Medicine	MD, honors diploma

### Professional associations' memberships and organization activities

<b>European College of Neuropsychopharmacology</b>	
<b>2012 - present</b>	Associate member
<b>World Psychiatric Association</b>	
<b>2011 – present</b>	Member, Disaster Psychiatry Section
<b>Asian Federation of Psychiatric Associations</b>	
<b>2011 – present</b>	Assistant editor, AFECF Forum, Asian Journal of Psychiatry, Elsevier
<b>2011 – present</b>	Board Member
<b>2011 – 2014</b>	President, Asian Federation of Early Career Psychiatrists
<b>Russian Society of Psychiatrists</b>	
<b>2011 – present</b>	Board Member
<b>2011 – 2013</b>	President, Russian Early Career Psychiatrists' Council
<b>2009 – 2011</b>	Chairperson, Samara region department of Russian Early Career Psychiatrists' Council

<b>Samara region Association of Psychiatrists</b>	
<b>2010 – present</b>	Board Member
<b>Samara region Association of Psychotherapists and Psychologists</b>	
<b>2013 - present</b>	Chairperson
<b>2011 – present</b>	Executive director
<b>2010 – present</b>	Chairperson, Early Career Psychotherapists' Section
<b>2008 – 2010</b>	Secretary, New clinical hypnosis and innovations in psychotherapy Section

### **Teaching experience**

<b>2010 – present</b>	Lectures on Basic principles of psychopharmacotherapy, Psycholinguistic approach in Psychiatry, Affective and Mood Disorders, Schizophrenia, Psychotherapy for postgraduate students, doctors (Russian)
<b>2006 – present</b>	Basic course on Psychiatry, Addiction Medicine for medical students (Russian)

### **Research experience**

#### **Ongoing**

<b>2012 – present</b>	Study group. Language and schizophrenia (Language disorder in bilingual Russian-Hebrew patients with Schizophrenia). Ben-Gurion University of the Negev, Beersheva Mental Health Center, Beersheva, Bar-Ilan University, Telaviv, Israel. Professors RH Belmaker, Y. Bersudsky, J. Walters, J. Fine. Supported by Ben-Gurion University of the Negev Fellowship.
<b>2012 – 2013</b>	All-Russian coordinator, An International Collaborative Study, Association for the Improvement of Mental Health Programmes (Prof. N. Sartorius), King's College London (Prof. G. Thornicroft), Russian ECP Council, "IDEA Project Inpatient Discharge: Experiences and Analysis"

#### **Completed**

<b>2009 – 2010</b>	Samara region coordinator, An International Collaborative Study WPA Section on Stigma and Mental Illness (Prof. H. Stuart, Consultant – Prof. N. Sartorius), "Stigmatization of Psychiatry and Psychiatrists"
<b>2006 – 2010</b>	Postgraduate research student, State PhD research programme in Psychiatry Study "Clinical and linguistic characteristics of mild depressions" Samara State Medical University, Samara, Russia

### **Research invention registration**

<b>2010</b>	Invention Patent, registered by № 2345717, «Rospatent» Federal State Budget Institution Federal Institute of Industrial Property "Method of clinical and linguistic diagnostics of depressive disorders" (Russian)
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## Awards and fellowships

### **In Total 16/ Selected fellowships list**

<b>2013</b>	<b>ECNP Seminar Award, the best oral presentation on research project</b>	ECNP Seminar in Neuropsychopharmacology, April 16-18 2013, Suzdal, Russia
<b>2013</b>	<b>UNIFESP Fellowship</b>	Escola Paulista de Medicina (EPM), Federal University of Sao Paolo (UNIFESP), Sao Paolo School of Advanced Science for prevention of Mental Disorders: Y-Mind: Cutting-Edge Science for Mental, Emotional and Behavioral Prevention, March 25-29 2013, Sao Paolo, Brazil
<b>2012</b>	<b>FPA Fellowship</b>	Exchange programme for ECPs within Finnish-Russian collaboration, Finnish Psychiatric Association Annual meeting, Helsinki, Finland
<b>2012</b>	<b>IGPI Fellowship</b>	PreConference Training Programme of AFECF, "Image of modern psychiatrist: professionalism, humanism and leadership", Indian Global Psychiatry Initiative 2012, Cochin, Kerala, India
<b>2011</b>	<b>WPA Fellowship</b>	PreCongress Training of Asian YPs Association, 3rd World Congress of Asian Psychiatry, Melbourne, Australia
<b>2011</b>	<b>SEEC Fellowship</b>	19-th European Federation of Psychiatric Trainees Forum «Future of Psychiatry/Psychiatric Training», Prague, Czech Republic
<b>2010</b>	<b>AIMHP Fellowship Best Poster Award</b>	Leadership and Professional skills development course, AIMHP, WPA, professor N. Sartorius, St. Petersburg, Russia "Clinical and linguistic features of mild depressive states"

## Oral presentations

### **In Total 22 / Selected presentations list**

<b>2013</b>	<b>Clinical and psycholinguistic features of mild depression</b>	ECNP Seminar in Neuropsychopharmacology, April 16-18 2013, Suzdal, Russia
<b>2013</b>	<b>Language changes as an important psychopathological phenomenon of mild depression</b>	21st European Congress of Psychiatry: European Challenges the Burden of Mental Disorders, 6-9 April 2013, Nice, France
<b>2013</b>	<b>Language distortions related to cognitive dysfunction in mild depressive state and normal sadness</b>	Escola Paulista de Medicina (EPM), Federal University of Sao Paolo (UNIFESP), Sao Paolo School of Advanced Science for prevention of Mental Disorders: Y-Mind: Cutting-Edge Science for Mental, Emotional and Behavioral Prevention, March 25-29 2013, Sao Paolo, Brazil
<b>2012</b>	<b>Psycholinguistic concept of the origin of mental disorders and psychotherapy</b>	Indian Global Psychiatry Initiative 2012, Amrita Institute of medical sciences, January 17-18, Cochin, Kerala, India
<b>2011</b>	<b>Asian Federation of Early Career Psychiatrists: formation and perspectives of collaboration</b>	WPA Congress, 15th World Congress of Psychiatry, World Psychiatry 2011: Our heritage and our future, September 18-22, Buenos Aires, Argentina
<b>2011</b>	<b>Disaster Psychiatry: concept and overview</b>	PreCongress Fellowship Programme of Asian Yps' Association 3rd World Congress of Asian Psychiatry, July 29-31, Melbourne, Australia
<b>2011</b>	<b>Clinical linguistics as the basic element of methodological knowledge in psychotherapy</b>	3rd World Congress of Asian Psychiatry, July 31-August 4, Melbourne, Australia

## Poster presentations

### **In Total 11 / Selected posters list**

- 2013**            **Language phenomenon in the diagnostic criteria of mild depression**  
26<sup>th</sup> ECNP Congress, 5-9 October 2013, Barcelona, Spain
- 2011**            **Motivation of young psychiatrists in professional self-development**  
3rd World Congress of Asian Psychiatry, July 31-August 4, Melbourne, Australia
- 2011**            **Mental health oriented psychiatry**  
2nd Young Psychiatrists' Network Meeting, April 6-8, Riga, Latvia

## Organization experience on scientific and education events

### **In Total 10 / Organizing committee member and chairperson of sessions, selected list**

- 2010 – 2011**    **Member**, 2nd Young Psychiatrists Network Meeting, **Riga, Latvia**
- 2010 – 2011**    **Chairperson**, PreCongress Fellowship Programme of Asian YPs' Association, 3<sup>rd</sup> World Congress of Asian Psychiatry, **Melbourne, Australia**
- 2012**            **Chairperson**, PreConference Training Programme of AFECF, "Image of modern psychiatrist: professionalism, humanism and leadership", Indian Global Psychiatry Initiative 2012, **Cochin, Kerala, India**
- 2012**            Symposium "Young Russian Psychiatry: problems and perspectives", WPA Thematic Conference on Intersectional Collaboration: The Multidisciplinary Facets of Psychiatry, November 29 - December 2, 2012, **Athens, Greece**
- 2012 – 2013**    **Co-Chairperson**, All-russian School for ECPs, April 19-24 2013, **Suzdal, Russia**
- 2012 – 2013**    **Co-Chairperson**, Programme for Early Career Psychiatrists, PreConference training, 100 years anniversary Conference of Finnish Psychiatric Association, May 12-13 2013, **Helsinki, Finland**

## Publications

**In total 90 papers**, included **62 abstracts** and **28 articles** in professional journals, refereed Russian journals and international journals.

### Selected papers

1. Marina Bebtshuk, Daria Smirnova, Oleg Khayretdinov. Family and family therapy in Russia. *International Review of Psychiatry*, April 2012; 24(2): 121–127.
2. Alexey Pavlichenko, Daria Smirnova (2012). A synopsis of recent papers published in psychiatric journals in the Russian Federation. *Asian Journal of Psychiatry*, 2012, 5 (3): 269-272.
3. D.A. Smirnova. Semantic analysis of verbal behavior in patients with mild depression. *Review of Psychiatry and Medical Psychology n.a. V.M. Bechterev, St. Petersburg*, 2010, Vol.1: 25-29.
4. A.V. Pavlichenko, D.A. Smirnova. 3rd Annual International Scientific Conference «Indian Global Psychiatric Initiative». *Gannushkin Journal "Psychiatry and psychopharmacotherapy"*; Vol. 14, №2, 2012: 73-77.
5. D. Smirnova. Clinical linguistics as the basic element of methodological knowledge in psychotherapy. *Asian Journal of psychiatry: Abstracts of the 3rd World Congress of Asian Psychiatry*, 31 July – 4 August, 2011, Melbourne, Australia, S27 (S30-01).